ADELAIDE MASTERS RECORDS - FEMALE, SHORT COURSE 2010

Freestyle	20-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	90-94	95-99	Freestyle
25m	A MARGRISON 14.02 /AAC 13.09.2009			Britte Uhde 15.06/AAC 30/7/06	Angela Wilkins 14.62/AAC 27/8/06	Joanne Sutcliffe 14.84/AAC 3/6/07	Kathy Heenan 15.00/AAC 11/6/06	P GUNN 18.42 /AAC 02.08.2009	Lynley Cooper 16.88/Mildura		MARY PHIN 31.63 /Mildura 20.08.2009					Margo Bates 35.91/Mildura 23/8/07	25m
50m	C MARGRISON 27.97/AAC 02.08.2009	C MARGRISON 26.68/AAC 8/10/10	Joanne Sutcliffe 30.05-AAC 4/9/94	Joanne Sutcliffe 29.85-Noar. 1/4/95	Joanne Sutcliffe 30.86/AAC 31/8/03	Joanne Sutcliffe 30.58/AAC 5/6/05	Kathy Heenan 31.42/AAC 27/6/04	Lynley Cooper 34.88/AAC 8/9/02	L COOPER 39.07 /Mildura 22.08.2009	Mavis Boase 45.40-Norwood 16/10/83	Mavis Boase 47.09-Parks 18/8/85	Alma Brecknock 59.18-Theb. 6/8/95	Alma Brecknock 59.78/AAC 6/6/99	Carrie Hatswell 1.12.25/AAC 12/9/04			50m
100m	C MARGRISON 1:00.51 /AAC 05.07.2009	C MARGRISON 59.75/AAC 8/10/10	Lara Janiszewska 1.05.36/Sydney 16/3/02	Alison Thompson 1.06.65/AAC 3/8/08	Sharon Beaver 1.06.36/AAC 3/8/08	S PALMER-WHITE 1:05.24 /AAC 02.08.2009	Kathy Heenan 1.09.82/AAC 18/7/04	K HEENAN 1:17.14/AAC 17.05.2009	Bernice Cohen 1.40.75/AAC 22/4/07	Mavis Boase 1.41.05-Norwood 10/6/83	Mavis Boase 1.46.20-Parks 23/6/85	Alma Brecknock 2.10.09-Noar. 8/9/96	Alma Brecknock 2.14.40/AAC 11/7/99	Carrie Hatswell 2.51.65/AAC 31/7/05			100m
200m	C MARGRISON 2:14.97 /AAC 05.07.2009	Stephanie Palmer 2.11.14-AAC 4/8/91	Deborah Winslet 2.22.86/AAC 4/5/08	Tricia Marshall 2.25.59/AAC 22/4/07	Sharon Beaver 2.18.45/AAC 4/5/08	S PALMER-WHITE 2:19.01 /AAC 05.07.2009	Lee O'Connell 2.32.61/AAC 4/5/08	Lynley Cooper 3.03.12/AAC 8/9/02	Bernice Cohen 3.38.25/AAC 22/4/07	Denise Wangel 3.08.25 AAC 7/5/00	Ruth Hartley 4.42.46/AAC 23/10/05	Kate McCarthy 4.46.25AAC 5/4/98	Alma Brecknock 5.01.81-AAC 26/7/98				200m
400m	Stephanie Palmer 4.57.12 1989	Stephanie Palmer 4.29.10-AAC 4/8/91	Steph. Palmer White 5.03.24-Theb. 11/8/96	D WINSLET 5:09.88/AAC 13.09.2009	S BEAVER 4:47.27 /Mildura 21.08.2009	S PALMER-WHITE 4:48.07 /AAC 13.09.2009	L O'CONNELL 5:30.22 /AAC 13.09.2009	P GUNN 6:15.72/AAC 13.09.2009	Bernice Cohen 7.52.60/AAC 25/11/07	Mavis Boase 8.15.82-Parks 12/8/84	Kate McCarthy 9.57.91-Noar. 23/7/96	Norma Fowler 10.08.42-Theb. 6/8/95	Alma Brecknock 10.51.77/AAC 14/11/99				400m
800m	Stephanie Palmer 10.01.04 1989	Stephanie Palmer 9.06.67-AAC 1/9/90	Steph. Palmer White 10.22.27-Noar 23/7/96	Natalie Hann 10.48.50/AAC 25/11/07	Sharon Beaver 9.51.14/AAC 26/7/08	S PALMER-WHITE 9:48.78 /AAC 01.11.2009	Pam Gunn 13.31.61/AAC 25/11/07	Bernice Cohen 15.10.23 AAC 1/11/01		Mavis Boase 16.40.06-Noar. Jun-84	Mavis Boase 16.44.00-Noar. Dec-84						800m
1500m	Stephanie Palmer 18.48.02 1989	Stephanie Palmer 17.38.57-AAC 2/6/90	Steph. Palmer White 19.32.19-Noar. 23/7/96		S BEAVER 19:21.94 /AAC 01.11.2009	Joanne Sutcliffe 20.08.47/AAC 25/11/07	L O'CONNELL 21:40.32/AAC 01.11.2009			Mavis Boase 31.40.90-Noar. Nov-84							1500m

Backstroke	20-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	90-94	95-99	Backstroke
25m	C MARGRISON 15.30 / AAC 13.09.2009	C MARGRISON 15.29 / AAC 4/7/10		J THOMAS 20.70 /Mildura 21.08.2009	S MCKINLAY 19.88 /AAC 13.09.2009	Joanne Sutcliffe 16.45/AAC 7/9/08	Kathy Heenan 18.51/AAC 2/7/06	P GUNN 24.18 / AAC 4/7/10	Lynley Cooper 24.27/Mildura 23/8/07		DIANA SIMONS 32.07 /AAC 05.07.2009	DIANA SIMONS 34.06 /AAC 4/7/10				MARGO BATES 1:07.56 /Mildura 21.08.2009	25m
50m	C MARGRISON 31.68/AAC 13.09.2009	C MARGRISON 31.22 / AAC 19/6/10	Joanne Sutcliffe 33.54/AAC 2/9/94	Joanne Sutcliffe 34.31/AAC 14/11/99	Sharon Beaver 33.60 AAC 26/7/08	J SUTCLIFFE 34.68 /AAC 02.08.2009	Kathy Heenan 37.68/AAC 22.8.04	K HEENAN 40.37 /AAC 14.06.2009	Elly Fleig 46.12/AAC 30/7/06	Di Simons 1.02.97 AAC 6/5/01	Elizabeth Berce 1.01.28/AAC 27/7/97	Elizabeth Berce 1.06.24 AAC 18/6/00	Alma Brecknock 1.10.50/AAC 14/11/99	Alma Brecknock 1.18.62/AAC 3/8/03		MARGO BATES 2:32.85 /Mildura 22.08.2009	50m
100m	C MARGRISON 1:10.69 / AAC 17.05.2009	C MARGRISON 1.07.74 / AAC 8/10/10	Joanne Sutcliffe 1.12.66/AAC 2/9/94	Joanne Sutcliffe 1.12.66/Noar. 1/4/95	Sharon Beaver 1.11.58/AAC 7/9/08	S Palmer-White 1.15.33/AAC 2/5/10	Kathy Heenan 1.24.21/AAC 18/7/04	K HEENAN 1:28.58 /AAC 14.06.2009	Josie Sansom 1.52.15/AAC 17/8/88	Elizabeth Berce 2.09.45/AAC 28/7/91	Elizabeth Berce 2.18.32/Noar 1/4/95	Elizabeth Berce 2.25.67 AAC 16/9/01	Alma Brecknock 2.42.75 AAC 23/6/02	Alma Brecknock 2.40.54/AAC 31/8/03		Margo Bates 5.12.32/Mildura 23/8/07	100m
200m	C MARGRISON 2:34.09 /AAC 14.06.2009	C MARGRISON 2.30.13 / AAC 8/10/10	Joanne Sutcliffe 2.37.62/AAC 4/9/94	Joanne Sutcliffe 2.41.40/AAC 5/9/99	Sharon Beaver 2.33.40/AAC 7/9/08	S Palmer-White 2.40.37/AAC 6/6/10	Kathy Heenan 2.59.50/AAC 12/9/04	K HEENAN 3:11.69/AAC 14.06.2009	Josie Sansom 4.07.43/AAC 2/6/91	Denise Wangel 3.41.00 AAC 7/5/00	Kate McCarthy 4.59.72/AAC 13/3/93	Elizabeth Berce 5.05.35 AAC 29/7/01	Alma Brecknock 5.20.83/AAC 28/7/02			Margo Bates 11.55.69/Mildura 23/8/07	200m
400m	Suzanne Lochert 7.36.37/AAC 12/10/03				S BEAVER 5:36.42 / AAC 01.11.2009	Kathy Heenan 6.32.06/AAC 12/10/03			Di Simons 9.45.47/Noar 23/7/96	Di Simons 10.22.33 AAC 1/11/01							400m
800m					Joanne Sutcliffe 11.48.50 AAC 1/11/01	Kathy Heenan 13.17.10/AAC 12/10/03	B REINBOTH 17:33.05 /AAC 01.11.2009			Di Simons 21.04.26 AAC 1/11/01							800m
1500m					Joanne Sutcliffe 22.23.59 AAC 1/11/01	J SUTCLIFFE 21:52.78 /AAC 01.11.2009				Di Simons 40.11.00 AAC 1/11/01							1500m

Breaststroke	20-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	Breaststroke
25m	A MARGRISON 17.07 /AAC 13.09.2009			J THOMAS 20.84 /Mildura 20.08.2009	Angela Wilkins 18.89/AAC 2/7/06	Julie Astley 18.40/AAC 4/7/10	Sue Graebner 22.84/AAC 23/4/06	S GRAEBNER 21.98 /AAC 13.09.2009	Lynley Cooper 23.19/Mildura 23/8/07	Bessy Kesic 33.45/AAC 7/9/08	Di Simons 31.02/AAC 8/7/07				25m
50m	Victoria Cox 36.35 /AAC 1/8/10	Lynda Lehman 36.62 1987	Sondra Klitzke 40.62/AAC 31/7/05	Joanne Sutcliffe 40.33/Noar. 1/4/95	J ASTLEY 40.19 /AAC 02.08.2009	Joanne Sutcliffe 40.89/AAC 3/8/08	Josie Sansom 45.09/Parks 14/8/82	Josie Sansom 44.76/Hartley 15/1/84	Josie Sansom 44.71/AAC 17/7/88	Di Simons 59.45 AAC 30/7/00	Di Simons 1.05.31/AAC 26/6/05	Alma Brecknock 1.09.78 8/9/96	Alma Brecknock 1.07.87/AAC 5/4/98	Alma Brecknock 1.14.54/AAC 3/8/03	50m
100m	A MARGRISON 1:21.22/AAC 13.09.2009	Lynda Lehman 1.18.21 1988	Sondra Klitzke 1.29.44/AAC 23/10/05	Natalie Hann 1.33.59/AAC 9/9/07	Angela Wilkins 1.27.70/AAC 30/7/06	Julie Astley 1.29.43/AAC 2/5/10	Elly Fleig 1.39.51/Theb. 18/6/94	Josie Sansom 1.42.47/Parks 6/8/83	Josie Sansom 1.45.01/Hartley 30/1/88	Di Simons 2.13.90 AAC 19/9/01	Di Simons 2.27.74/Mildura 23/8/07	Alma Brecknock 2.31.24/Noar. 8/9/96	Alma Brecknock 2.29.97/AAC 5/4/98	Alma Brecknock 2.44.97/AAC 3/8/03	100m
200m	A MARGRISON 2:57.50 /AAC 14.06.2009	Lynda Lehman 2.46.36 1988	Deborah Winslet 3.20.76/AAC 1/6/08	Kendall Gray 3.21.96/AAC 31/8/03	Sharon Beaver 3.02.97/AAC 1/6/08	Julie Astley 3.16.23/AAC 4/7/10	Josie Sansom 3.40.20 1978	Heather Jones 4.07.60 AAC 30/7/00	Peggy Muncaster 4.06.00/AAC 14/11/99	Di Simons 5.02.11/AAC 12/9/04	Norma Fowler 5.15.36/AAC 27/5/90	Norma Fowler 5.35.00/AAC 25/6/95	Alma Brecknock 5.31.75/Theb. 9/5/98	Alma Brecknock 5.48.50/AAC 31/8/03	200m
400m	Natalie Boucher 7.23.59/Noar 23/7/96		Suzanne Bussell 7.10.65 1989		Vicki Hodgson 7.56.90/Noar. 23/7/96	Peggy Muncaster 8.13.54/AAC 9/11/86	Bessy Kesic 9.13.34/Noar. 23/7/96		Di Simons 10.03.73/Noar. 23/7/96	Norma Fowler 11.11.18 1989	Kate McCarthy 12.22.91/Noar.	Alma Brecknock 11.14.06/AAC 26/10/97		Alma Brecknock 12.17.41/AAC 12/10/03	400m
800m	Natalie Boucher 14.15.07/Noar. 23/7/96		Suzanne Bussell 14.34.62 1989		Vicki Hodgson 16.28.75/Noar. 23/7/96		A RULER 23:52.86 /AAC 01.11.2009			Norma Fowler 22.51.38 1989				Alma Brecknock 25.03.65/AAC 12/10/03	800m
1500m	Natalie Boucher 27.59.63/Noar 23/7/96				Vicki Hodgson 31.05.67/Noar. 23/7/96	Diana Fabijan 29.46.25/AAC 25/11/07									1500m

Butterfly	20-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	Butterfly
25m	C MARGRISON 13.42 /AAC 02.08.2009	C MARGRISON 13.25 /AAC 1/8/10		Helen Roach 16.68/AAC 30/7/06	Stephanie Palmer-White 15.50/AAC 7/9/08	S PALMER-WHITE 15.10 /AAC 14.06.2009	Kathy Heenan 16.24/AAC 19/8/07	Pamela Gunn 21.40 / AAC 1/8/10	Lynley Cooper 20.11/Mildura 23/8/07	Bosilka Kesic 35.21 / AAC 26/9/10	Di Simons 39.34/AAC 19/8/07				25m
50m	C MARGRISON 28.72 /Hobart 09.08.2009	C MARGRISON 27.94 /AAC 8/10/10	Lara Janiszewska 31.74/Sydney 16/3/02	Joanne Sutcliffe 33.24/AAC 5/2/95	Sharon Beaver 32.58/AAC 7/9/08	S PALMER-WHITE 32.14 /AAC 14.06.2009	Kathy Heenan 34.06/AAC 12/9/04	Josie Sansom 42.60/Parks 26/6/83	Elly Fleig 45.74/AAC 30/7/06	Mavis Boase 1.04.99/Parks 26/6/83	Denise Robertson 1.09.93/AAC 6/9/97	Mary Kemp 1.52.75/Theb. 9/5/98	Alma Brecknock 1.38.65/AAC 6/6/99		50m
100m	C MARGRISON 1:05.18 /AAC 13.09.2009	C MARGRISON 1.04.14 /AAC 8/10/10	Lara Janiszewska 1.12.45/AAC 8/9/02	D WINSLET 1:18.45 / AAC 13.09.2009	Stephanie Palmer-White 1.11.19/AAC 3/6/07	S PALMER-WHITE 1:10.08 /AAC 14.06.2009	Lee O'Connell 1.22.42/AAC 1/6/08	Denise Wangel 1.45.97/AAC 22/7/90	Josie Sansom 1.54.04/AAC 18/9/88	Mavis Boase 2.25.98/Parks 6/8/83					100m
200m	Stephanie Palmer 2.29.72/AAC 4/6/89	Steph Palmer-White 2.17.13 6/9/91	Steph Palmer-White 2.35.97/Noar. 13/4/96	Mary Duell 3.31.96/AAC 14/11/99	Stephanie Palmer-White 2.32.82/AAC 2/7/06	S PALMER-WHITE 2:26.31 /AAC 17.07.2009	Lee O'Connell 3.05.63/AAC 29/6/08	Bessy Kesic 5.06.88/AAC 14/11/99							200m
400m	Rowena Newcombe 6.29.14/AAC 12/10/03		Steph Palmer-White 11.39.58/Noar. 23/7/96			S PALMER-WHITE 5:27.22/AAC 01.11.2009	Lee O'Connell 7.04.22/AAC 25/11/07								400m
800m						S PALMER-WHITE 10:52.91 /AAC 01.11.2009									800m

Medley	20-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	Medley
100m	C MARGRISON 1:09.25 /AAC 05.07.2009	C MARGRISON 1.08.73 /AAC 1/8/10	Lara Janiszewska 1.14.05/Sydney 16/3/02	Joanne Sutcliffe 1.13.05/Noar. 1/4/95	Sharon Beaver 1.14.27/AAC 1/6/08	Joanne Sutcliffe 1.15.51/AAC 3/8/08	Kathy Heenan 1.24.28/AAC 27/6/04	K HEENAN 1:30.96 /AAC 17.05.2009	Elly Fleig 1.41.41/AAC 30/7/06	Mavis Boase 2.12.54/Norwood 16/10/83	Diana Simons 2.46.64/AAC 4/5/08	Norma Fowler 2.44.63/AAC 25/6/95	Alma Brecknock 2.34.46 5/9/99		100m
200m	C MARGRISON 2:36.08 /AAC 17.05.2009	Steph Palmer-White 2.29.82/AAC 7/9/91	Joanne Sutcliffe 2.43.94/AAC 17/7/94	Ilza Ostrovska 2.44.23/AAC 12/9/04	Sharon Beaver 2.38.33/AAC 7/9/08	S PALMER-WHITE 2:42.51 /AAC 2/5/10	Kathy Heenan 3.02.07/AAC 22/8/04	Lynley Cooper 3.42.53/AAC 28/7/02		Denise Wangel 3.37.06 AAC 7/5/00	Kate McCarthy 5.26.32/Noar. 8/8/93				200m
400m	C MARGRISON 5:30.36/AAC 14.06.2009	Steph Palmer-White 5.06.88/AAC 28/9/91	Steph Palmer-White 5.40.71/AAC 23/6/96	Jennifer Thomas 6.53.09/AAC 25/11/07	Sharon Beaver 5.28.74/AAC 26/7/08	J SUTCLIFFE 6:20.14 /AAC 14.06.2009	L O'CONNELL 6:33.40/AAC 14.06.2009								400m
800m	Rowena Newcombe 13.07.73/AAC 12/10/03				Sharon Beaver 11.40.45/AAC 25/11/07										800m